

# ST AGNES PU COLLEGE

*Pathway to Excellence*



## PROSPECTUS



St Agnes P U College, Mangaluru, Karnataka, India a Minority Institution founded at 1920 by Mother Aloysia, the Second Superior General of the Congregation of the Apostolic Carmel.



## OUR VISION

- Holistic Education for Excellence and Transformation.



## OUR MISSION

- To provide youth with value based, socially relevant and globally competitive education.
- To create a God-centered atmosphere for spiritual growth.
- To strengthen the faith, especially of the Catholic staff and students.
- To respect life and uphold dignity of every person and promote human rights.
- To collaborate with all stakeholders to ensure a culture of quality.



## CORE VALUES



- Faith in God
- Harmony
- Compassion
- Service
- Sensitivity towards Environment & Conservation of Natural Resources



The Apostolic Carmel Congregation was founded by Venerable Mother Veronica of the Passion (1823-1906) at Bayonne, France, on July 16 1868 and was established in India on November 19 1870, at St Ann Convent, Mangaluru.

Venerable Mother Veronica was an English Anglican minister's daughter, who was drawn to the Catholic Church. On hearing an inner call to Carmel, she responded to it in faith and later founded an active Order of Carmelites with its main thrust, the development of women in India, as persons imbued with deep faith in God and in themselves by providing sound Catholic education.

Over the past hundred and fifty years of its existence, the Institute has expanded, having established a large number of educational institutions in India, Sri Lanka, Middle East, Pakistan, Italy, France and East Africa. In Karnataka, under the auspices of The Apostolic Carmel Educational Society, it runs:

- A Centre for Post Graduate Studies
- A College of Education
- Two Under Graduate Colleges
- Eight P U Colleges
- Two D.Ed. Colleges
- Teacher Training Institute for Special Education
- Three Vocational Training Centres
- Two Community Colleges
- Ten Aided High Schools
- Six Unaided High Schools
- Four CBSE Schools and an ICSE School
- Nine Aided Higher Primary Schools
- Thirteen Unaided Higher Primary Schools
- Two Special Schools for differently abled children
- Four Centres for Distance Education

*Be constant in prayer - Mother Veronica*



# ST AGNES CONVENT & INSTITUTIONS



The crest inspires  
the Agnesian to look up to and  
realize in her life a higher idealism  
and spirituality



## ST AGNES

St Agnes, the Virgin-Martyr is the Patroness of this Institution. Against the background of power, vice, luxury and persecution in the Roman World, the steadfastness of the Maiden Agnes captures our imagination as her beauty and wealth did the hearts of the noblest of Romans. With the world at her feet and all that life could offer she turned her back on it and chose death for Christ. Her purity of life, modesty, truthfulness and steadfastness are the virtues we want our young women to live out in their lives.

## THE COLLEGE MOTTO

The college motto is '**DEUS FORTITUDO MEA**', a Latin phrase which means '**GOD IS OUR STRENGTH**'. Living a meaningful life is an impossible task, unless we have light and strength from above. Our college anthem echoes the inspiring message of these words.



## THE CAMPUS

St Agnes PU College is located in Bendore, five kilometers away from Mangaluru city. Clean surroundings, a serene atmosphere and an environment - friendly approach make it conducive for students to focus on the higher echelons of education.

St Agnes Pre-University College has been providing integral and value-based education to students of all castes and creeds without distinction over a century.

The Management, the Teaching Staff, the Support Staff, the Students and the Parents work in collaboration to effectively carry out the mission of the college and the objectives spelt out. The college holds itself responsible to maintain cordial and beneficial relations with the PUE Department, the Government, Non-Governmental Organisations and other Educational Institutions in order to extend its mission and mutually share the fruits of education.







## STUDENTS

Through the process of Pre-University Education provided by St Agnes PU College, the students progress towards wholesome and integral development. Here, every student is motivated to respect life in all forms of creation, to grow through prayer and reflection, to uphold the values of fidelity and purity as symbolised by St Agnes, the patroness, to strive for excellence in the pursuit of knowledge, to give attention to physical fitness, to have social concern and to extend her knowledge beyond the classroom, to appreciate her cultural heritage and become a responsible citizen of the country. In concrete ways, the student becomes a 'person for others' so as to build a better world.



## PARENT-TEACHER ASSOCIATION

The parents/guardians have the responsibility to attend the Annual General Meeting of the PTA. However, only parents have the active voice to be elected as members of the Executive Committee of the PTA. Interaction of the parents with the lecturers is found to be mutually enriching. This is an opportunity for the parents to clarify points and get help that might be needed.



## STAFF

A group of highly qualified and committed individuals strive to absorb the spirit of the College Mission and to translate it into concrete action. They consider it their prime duty to use their teaching skills creatively with relevance to contemporary knowledge and research and also to continuously update their competence in the respective

fields. They, along with the support staff, work in a spirit of co-operation and dedication.

*Teaching a subject is a work of Zeal & every subject is a means to greater end - Mother Aloysia A.C*





# COLLEGE AMENITIES

## LIBRARY

The Library is stocked with an extensive array of books related to various subjects and a wide variety of journals, periodicals and magazines.



## SPORTS & GAMES GYMNASIUM

'Games' is a part of the syllabus and St Agnes PU College has proved its mettle in various sports events and games.



## 'MENTOR - MENTEE' SYSTEM

The class mentor/sub mentors of each class guide and counsel the students when they face setbacks in their academics.

## COUNSELLING SERVICE

Students are given an opportunity to explore their concerns and problems with a professional counsellor and are assured of complete confidentiality.

## MID-DAY MEAL FACILITY

Economically poor students are offered mid-day meal at concessional rate. They are also helped with their bus pass and at times medical expenses.

## HOSTEL

The college provides comprehensive hostel facilities with rooms that are comfortable and well-furnished and set amidst the secure and sprawling college campus. Students are assured of a homely and satisfactory stay.



## COMPUTER AND INTERNET LAB

The computer laboratory is equipped with internet facility and enables the students to access the world of knowledge with the click of a mouse.



## AV ROOM

The Audio-Visual room is well-equipped to facilitate conferences, presentations and seminars.

## SCHOLARSHIPS/FEE CONCESSION

Meritorious students, National and State Level Players are given Special Scholarships and Fee Concession.



## NEED BUZZ

The canteen situated in the college campus provides wholesome meals and snacks, both vegetarian and non vegetarian at reasonable rates.



## SCHOOL PHIN

The parents can access college updates through SMS and School Phin Mobile App.

## HELP LINE

A full-fledged counter with all manner of stationery caters to the requirements of the students.

## PROGRAMMES

In addition to Club activities, the College organizes various programmes such as Cultural Extravaganza, Teachers' Day, AGNATHON- National level Inter-College Fest, Students' Day, Sports Day, College Day, Elder's Day, Girlchild Day, Ethnic Day



# CODE OF CONDUCT

- Education at St Agnes Pre-University College is a joint endeavour of the Management, Staff, Parents, Guardians and Students.
- Students are encouraged to imbibe the spirit of St Agnes PU College and to aim at attaining the benefits of a good education. The College places a heavy responsibility on the parents to familiarize themselves with the Mission and Objectives and the code of conduct laid down by the college and to play their role effectively in guiding their ward to follow the rules and regulations not only to the letter, but in the spirit behind these regulations.
- The individual student is a representative of the college as such norms of simplicity, modesty and propriety are to be borne in mind. Dress code must be strictly followed while in the college campus. Students should wear the college uniform on all working days. Head scarf is not allowed in the class.
- **Students are strictly forbidden to carry mobiles on the campus as they have been found to adversely affect the healthy climate necessary for wholesome growth. Any one flouting this rule will be penalized.**
- The college takes serious note of any irregularity in attendance for classes, tests and examinations, lack of co-operation in disciplinary matters and failure of parents to assume responsibilities for the same. This could result in denial of permission to answer the final examination.
- Our basic objective is the overall development of the girl student, keeping in mind her role as an individual, a member of a family, a citizen of the country, a social human being.
- Parents will please note that a student is admitted to the college for **one year only**. She will be re-admitted only if the college authorities are satisfied with the conduct of the staff.



## SPECIAL COACHING CLASSES

Though the core courses constitute the bedrock of the college, the remedial classes are also an integral part. They are designed to assist students who are lagging behind their peers to gain a better understanding of a particular subject.





## ADMISSION

- For Online Admission Link is provided in the College Website.
- The form must be filled completely with regard to all the information asked for.
- The candidates are discouraged from approaching third parties and producing recommendation letters to obtain admission. Please be alert to those persons who promise admission and demand money from you. Please inform the Principal about such matters.

## FOR ADMISSION ENQUIRY VISIT THE LINK BELOW:

<https://agnespuc.schoolphins.com/admission/>

## DOCUMENTS TO BE PRODUCED

- Original - Transfer Certificate and Conduct Certificates.
- Original Migration Certificate (Other than SSLC Board/ Other State).
- 10<sup>th</sup> Std Hall ticket, Student Aadhar Card, Caste and Income Certificate (SC/ST and other reserved categories) - one photocopy each.
- 10<sup>th</sup> Std Original Marks Card - Three Photocopies.

## DOCUMENTS TO BE PRODUCED BY THE NRI STUDENTS TO APPLY FOR ELIGIBILITY CERTIFICATE:

- Statement of marks of the qualifying examination
- Original - Transfer Certificate countersigned by the Indian Embassy Abroad, Migration Certificate and Bonafide Certificate from the concerned School- Student has passed CBSE -X Grade Syllabus
- PASSPORT and VISA COPY.

## COACHING FOR THE ENTRANCE EXAMINATIONS

1. **Science Syllabus Coaching** - Classes will be held after the I PU Annual Examination (March to May - Timings: 9.00 am to 4.00 pm).
2. **CET Coaching for Science Students** - Classes will be held on daily basis.
3. **CET Crash Course** - After Second PU Board Exams (1 Month Training ).
4. **JEE/NEET for Engineering/Medical (2 Years)** - Coaching for the integrated/ semi integrated Science Students.
5. **CA Foundation Course (2 Years)** - Training programme for CA Foundation Course & Company Secretary (CS).
6. **CSAT Training Programme (1 Year)** - A Foundation Course for Civil Service Examinations.

## SCIENCE INTERGRATED BATCH

Along with the regular PU Board Syllabus Training for NEET/JEE/CET is provided by IITians and Doctors from Vividya in order to imbue students with confidence while facing these competitive exams.



*Education is the most powerful weapon which you can use to change the world - Mother Aloysia A.C*



# ACADEMIC TOPPERS 2022-23

## SCIENCE



SAMRUDDHI D 585-600 VANDAN RASQUINHA 577-600 ANANYA MADHU 577-600 ALMA PEREIRA 576-600 SHARADHI RAI 576-600 G NISHA BANGERA 576-600 ADITI G AMIN 575-600 RITHIKA 574-600 FATHIMATH HEBA 570-600 LAHARI S 570-600



FATHIMATH HEBA 570-600 NIDHI M 568-600 FIONA FERNANDES 567-600 KRITHIKA Y KULAL 567-600 PREWAL FERNANDES 567-600 MARIAM FAHIMA 567-600

## COMMERCE



RENISHA DSOUZA 593-600 DAFNY DSOUZA 585-600 FIONA DSOUZA 585-600 CRYSTAL WALTER 585-600 STACIA ROCHE 585-600



SERENA SALDANHA 583-600 PALOMA MONTEIRO 582-600 KUSHI G KOTTARY 580-600 SAMA 580-600 FREEDER FERNANDIES 579-600



ZOHARA HESSA 579-600 IVINS SEQUEIRA 577-600 PRIYAN DSOUZA 576-600 SAMANTHA VAS 576-600 SEJAL ALVARES 575-600

## ARTS



SAMHITA PRABHU 575-600 SYEDA RUKSAR 565-600 ANANYA K 563-600



VARSHAA 532-600 LAMA M YUNUS 523-600 EDEN FERRAO 521-600 LISHA SEQUEIRA 516-600

**Distinctions - 222**

**First Class - 339**

**Centum Scorers - 68**

## NEET ACHIEVERS 2023



## COURSES OFFERED

**SCIENCE** PCMB, PCME, PCMS, PCMC, PCBH

(Physics, Chemistry, Mathematics, Biology, Electronics, Statistics, Computer Science, Home Science)

**COMMERCE** BSBA, BEBA, CEBA, CSBA, SEBA

(Basic Maths, Statistics, Economics, Computer Science, Business Studies, Accountancy)

**ARTS** HEPP, (History, Economics, Psychology, Political Science)

**LANGUAGES OFFERED** Kannada, Hindi, French, English (compulsory)

## Second PUC Results During the Last Five Years

2017-18	2018-19	2019-20	2020-21	2021-22	2022-23
97.30%	95.65%	97.45%	100%	95%	98%

## EXAMINATION

Examinations are conducted at regular intervals and the aim is to assess what the students have learnt and to determine their proficiency in a subject.

*Education is incomplete without the formation of character - Mother Veronica*



# SPORTS AT A GLANCE



➤ Volleyball   ➤ Football   ➤ Handball   ➤ Wrestling   ➤ Table Tennis   ➤ Karate  
 ➤ Throwball   ➤ Floorball   ➤ Chess   ➤ Athletics   ➤ Basketball   ➤ Kabaddi

**NATIONAL LEVEL PLAYER - 5**  
**STATE LEVEL PLAYERS - 13**



## FAITH FORMATION

As a Minority Institution managed by the Sisters of the Apostolic Carmel, St Agnes Pre-University College derives strength from God and is guided by the constitutional liberty of thought, expression, belief, faith and worship in India.

Every Catholic student seeks the nurturing of her faith in Christ and deepening of her life in the Church through the regular programmes conducted by the college.



## VALUE EDUCATION/CAREER GUIDANCE

An integral part of education at St Agnes Pre-University College is to provide the students with the impetus of a sound value system that is essential for their growth. Trained personnel are invited to guide the students in the areas of Personality Development, Career Guidance, Family Life, AIDS Awareness, Communal Harmony, Human rights, Social Concern etc.

## AGNO ANGELS

Outreach programmes help students to be sensitive and aware of the underprivileged sections of people in the society and to lend them a helping hand. Through Active participation in outreach students are empowered to play a vital roll in their own developement as well as their community.



## EXTRA CURRICULAR ACTIVITIES

A wide range of co-curricular activities are conducted through the various clubs, field trips and associations.

These complement academics and help assimilate various skills and enhance overall personality.

## PARENTS

As Collaborators with the educational institution, they interact with the Principal and the staff to ensure the all-round development of their children and take full responsibility to deepen the values inculcated in their children by the College.

*Handwriting is significant. Students must be trained to write a neat clear hand - Mother Aloysia A.C*





# Testimonials

## TOPPERS TALK I PUO

### SCIENCE TOPPER

My experience in I PUC was amazing. My college has helped me grow in academics as well as in - co-curricular activities, which has helped me develop my interests outside the classroom. The college organised various programs for the students. These fun programs included sports day, fresher's day, ethnic day, students' day and many other such exciting programs. These programs helped me to develop my interactive skills and sporting spirit. I'm overwhelmed with my exam results and couldn't be happier with how I performed. When it comes to exam preparation, I usually begin revising two weeks prior to the exams. In addition to my personal efforts, I must acknowledge the tremendous support and resources provided by the college.



Akshat Arjun  
I PUC

### COMMERCE TOPPER

Excellence is not being the best, it is doing the best. I, Athira, am glad to say that I have topped the Commerce stream in my 1st PU annual examination. It wasn't easy, but through lots of effort and hardwork from day one, along with the support I received from my parents and teachers, it was possible. The teachers at St. Agnes PU College have been the pillars of support to me.



Athira  
I BERA

Challenging myself, working hard, waking up early in the morning during my exams, I was able to achieve this. Last but not the least I am thankful to God for the choicest blessings showered on me to have such great parents and teachers. I am proud to be a student of St. Agnes PU College.

**ST AGNES PU COLLEGE**  
Pathway To Excellence

**Agnesian Diary**  
June 2023

St Agnes? I don't know where to start!! 23 years ago in 2000, I stepped into this prestigious institution to start my educational journey. Right from LKG till my PUC I've been privileged to having had the opportunity to be a part of 'St. Agnes' for 14 years. Words can't describe the nostalgic memories as I pass by this place.

Talking about St. Agnes PU College, those 2 years have been a wonderful experience of learning with exposure to the external world. The quality of responsibility, discipline, punctuality, truthfulness and healthy competition were instilled in me by some of the amazing faculty of this institution. The guidance, opportunities and encouragement given to me in academics guided me to where I stand today. Now when I look back, I recall plenty of good memories and experiences I've had at St. Agnes.

Forever grateful to my 'Alma Mater'  
Forever a "PROUD AGNESIAN!"

**Dr Akshatha Chitra**  
BDS, MDS

### COMMERCE TOPPER

I am glad to say that I have topped the commerce stream in my 1st PU annual examination. This wouldn't have been possible without the efforts of my teachers and support of my parents. The teachers made learning easy and interesting. Day to day revision made subjects much easier and enhanced my understanding. The college conducted various extra-curricular activities that made the first year of my college a fun and exciting journey. As I enjoyed these joyous moments in college with my friends I also gave my constant attention towards studies. I gave importance to every subject. My consistency and dedication towards studies, the efforts of my teachers and the support of my parents have helped me achieve this success today. Success isn't always about greatness. It's about consistency. Consistent hard work leads to success.



Pooja K S  
I BERA

### ARTS TOPPER

I walked into the classroom, not knowing what to expect, not knowing a single soul with absolutely no idea how my day or year for that matter was going to turn out. Little did I know that it would be one of the best things that ever happened to me.

My name is Alisha Thirumalaiah of I HEP and this was my first day in St Agnes PU College. My first year in Agnes had been an absolute rollercoaster and it gives me great horror and try to say that with a lot of hard work and motivation I have topped the Arts stream for the year 2023.



Alisha Thirumalaiah  
I HEP

The Humanities stream has always fascinated me and I've always loved studying the arts subjects which is one of the main reasons that was helped me to excel in my academics. Like all other subjects, Arts is not easy in the least and required me to put in a lot of time and hardwork. The study hours especially before exams used to be long and tiring but it was definitely worth it in the end. Daily revisions of the topics done in class was certainly a plus point as it helped to build confidence and also mentally prepared me so that I could avoid unnecessary stress just before the exam. Taking down notes in class and keeping up to date with the chapters is certainly a merit and it also helps with organization. My teachers have been very supportive and encouraging throughout and were always willing to lend a helping hand whenever I need. I would like to remind everyone to choose wisely, be good at what you do, make the best use out of all opportunities and dedicate yourself wholeheartedly to what you love.

**ST AGNES PU COLLEGE**  
Pathway To Excellence

**AGNESIAN DIARY**  
SEPTEMBER 2023

**PREKSHA THEJ**  
Civil Engineer

I'm Preksha Thej, a CAD engineer and business analyst, now a self-made entrepreneur. I run these successful firms dedicated to professional skill development. My journey began at St Agnes, where I overcame academic challenges with one-on-one tutoring from dedicated professors. Their guidance illuminated my path, and I'm forever grateful. Today, I apply those same techniques in my academy, shaping professionals and thriving for the past two years. Believe in yourself and your potential, as I did.

**ST AGNES PU COLLEGE**  
Pathway To Excellence

**Agnesian Diary**  
November 2023

A commerce grad turned to be a TV Anchor / Singer living her passion & fascinating people around her for her soul satisfaction. I am Sweeny Maria D'Souza currently residing in UAE working full time as a Human Resource Manager. St Agnes PU College was a life changing journey as it shaped me to be focused and stay determined. Ample of opportunities to explore and get that talent out of me. Today I sing for hands in Dubai and Coopers a lot of corporate and private events. I am indebted to all my lecturers who groomed and guided me in my college days to whom I am today.

**Sweeny Mariya D'Souza**  
Human Resource Manager

**ST AGNES PU COLLEGE**  
PATHWAY TO EXCELLENCE

**Agnesian Diary**  
JANUARY 2023

Life is full of experiences, and some of them are simply unforgettable. My first day at St. Agnes PU College was one such experience that I vividly remember - a beautiful campus, lush greenery, and an auditorium full of girls. As a teenager fresh out of a co-ed high school, the thought of attending an all-girls college seemed scary, but little did I know that I was stepping into one of the most liberating, empowering and exciting times of my life. Being surrounded by incredible women allowed me to realize that I could accomplish anything I set my mind to, and that confidence has enabled me to break barriers and shatter glass ceilings in both my personal and professional life. From excellent classrooms and passionate lecturers to the long friends and a network that I still miss to this very day, my time at St. Agnes PU College is a memory that will be etched in my heart forever.

**SHERAYNE REGO**  
DIGITAL ACCOUNT MANAGER  
LONDON

**St Agnes PU College**  
Pathway to Excellence

**Agnesian Diary**  
August 2023

**Christina Rosaline George**  
Cine Actress and Model

It fills my heart with immense joy and gratitude to be an alumni of this extraordinary college. Reflecting on my time here brings back a flood of cherished memories and life-changing experiences. Little did I know that this college would become the nurturing ground for my dreams and aspirations. The guidance and mentorship I received from our dedicated teachers were invaluable. From participating in various extracurricular activities I learnt the importance of teamwork, leadership, and empathy. It's not just a place of education; it's a family where each member is valued, supported, and celebrated. As I stepped out into the world after graduating from St Agnes PU College, I felt prepared and confident to face any challenge that came my way. Today, I stand as a testament to the transformative power of education and the impact this college can have on its students. I owe a debt of gratitude to this institution and its incredible faculty who shaped me into the person I am today.

**St Agnes PU College**  
Pathway to Excellence

**Agnesian Diary**  
December

College is often described as a transformative phase in a person's life, and I cannot agree more. My journey in St. Agnes PU college has been nothing short of remarkable. The experiences, challenges, opportunities and friendships that I've had have played an integral role in shaping me into the person I am today.

I was provided with a rich academic environment and a very dedicated faculty who were very supportive and approachable. Having been inclined to art, I was given all the support and encouragement by the college to choose the right career and today I am a practicing Architect and an Interior designer. I had the opportunity to study in a place of diversity where students from different backgrounds, cultures and perspectives converged, and these interactions helped me become more empathetic and open minded.

St. Agnes PU College was not just a college to me but a strong foundation to all that I am, and I will forever be proud to call myself an Agnesian.

**Lizbeth Martin**  
Architect & Interior Designer  
Bangalore





## ST AGNES PU COLLEGE

Bendur, Mangaluru 575 002

**College Office:** Mob No.: 8123329436/Ph: 0824-2218018

**Admission:** <http://agnespuc.schoolphins.com> **Email:** [info@stagnespucollege.org](mailto:info@stagnespucollege.org)/[stagnespuc@gmail.com](mailto:stagnespuc@gmail.com)

**Website:** [www.stagnespucollege.org](http://www.stagnespucollege.org) **College Hostel:** Mob. 8762974166

