

AGADBEAT E-Monthly Magazine

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Sr Norine Dsouza A.C.

Principal

PRINCIPAL'S MESSAGE

Warm Greetings from St Agnes PU College. To quote the former president of India, Dr APJ Abdul Kalam, 'A Dream is not something that you see in sleep. It is something that doesn't let you sleep." At St Agnes PU College this is what we instill in the hearts and minds of children. We encourage them to dream, weave and interlace beautiful patterns of dreams and aspiration that will undoubtedly meet with success. Undeniably, dreams are closely associated with achievements and are like anchors

that pin us on the path of success. When you are

focused and goal driven, you find yourself inching closer to your aim, and thus you develop mental fortitude to strive for it even harder.

In this unparalleled educational institution, we encourage our students to dip into their colorful palette of talents and emerge triumphant. We facilitate them to embark on this exciting journey of teaching and learning, for all of life is a discovery. All throughout the expedition, we guide them with tender care and affection until they disembark at their destination of accomplishment. We continuously encourage students to develop the values and abilities they need to live meaningful lives as both individuals and members of the global community. To do this, we offer a supportive environment and help them hone their talents using a customized strategy combining scholastic and activities.

The month of September was filled with major as well as minor programs, that were both entertaining and educative. The contribution and cooperation from the dedicated staff and the enthusiastic students towards the smooth functioning of every intra and intercollegiate event is praiseworthy.

May all of us continue to walk in the footsteps of our revered founder Mother Aloysia and march towards the pinnacle of success.

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Terrace Farming

We the biology students of II PUC visited Shri Paddambail Krishnappa Gowda's terrace garden at his residence in Maroli. Shri Krishnappa Gowda is an exemployee who served as a clerk in a government college and has passion towards gardening. He has a terrace house of 1200sqfeet, in which he grows around 200 varieties of fruits, vegetables and flowering plants. He has also grown 50-70kg of paddy in grow bags in the same terrace, which made him come under limelight and he gained popularity at national and international level. He taught us how to earn through gardening and space management as well as the principle factor of life that we can learn from nature. He has inspired several people who have passion towards gardening in this concrete jungle. He has many awards to claim for his environmental achievement to make this earth better for a living. His simple life style yet an inspiring nature friendly lifestyle is praiseworthy. Such heroes of nature need to emerge daily to protect the environment. An obscure personality is acclaimed as an environmentalist because of his love for nature and lessons the nature has imparted to him. He is an unassuming being but has plenty to tell the world. He believes return to nature is the need of the hour and an answer to all our crisis in various aspects of our life. He offered us Pistia (water lettuce) as a token of

love.



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TEACHERS' DAY

Teachers' Day in India is a yearly celebration on the 5th of September. This is a day to appreciate our teachers for their knowledge and hard-work. A teacher is someone who nourishes the souls of students for a lifetime. So to celebrate our teachers, we, the students of St. Agnes PU College, organized a programme on the 5th of September during the celebration week. The college council surprised the teachers on September 4th with a variety of entertaining activities and team games. The teams with the most points were awarded and were given exciting prizes.

The next day, the teachers' showed up to college dressed beautifully in sarees and other attire. The students were dressed as paparazzi to welcome the teachers, I am talking of Om Shanthi Om, which, to put it mildly was iconic. The college auditorium was decorated stunningly. This teachers' day served as an opportunity for us students, to thank them in a very special way.

Students wrote heartfelt cards which were given to the teachers, expressing their sincere gratitude for their guidance and support. In addition to this, to express our earnest appreciation, the student cabinet came up with cute little gifts, to make their day extra special. The event was filled with memorable moments. Some students were given the chance to speak about the values and importance of teachers. We also had a musical performance by some of the college's talented students. The students organised various cultural performances like singing, dancing and more for the teachers, which made the day much more meaningful. The event was organised to honour the teachers' and to thank them for all their hard work and dedication. It was adorable and endearing. The teachers appeared

to be enjoying themselves. The student Tech team filmed a video, where students spoke about the good qualities of a teacher and so on. The programme came to an end after the video was displayed. I felt a sense of success and pride at the end of the event. Witnessing such a special event and being a part of the organization team was an incredible experience. It was a wonderful opportunity to express my gratitude to all lecturers who have made a difference in my life.

Overall, my experience on Teachers' Day was incredibly special and meaningful. I felt so blessed to be surrounded by so much love and appreciation for the teachers who have helped shape my life.



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AGNATHOM

Whenever we hear the word "fest" we engross ourselves into the thoughts of attractive lights, irresistible music, DJs and savouring foods. We tend to incline our ideas towards massive crowd, competitions and cultural diversities which certainly gift us with a huge package of memories.

AGNATHON, an inter-school and intercollegiate fest was held on the 7th of September in our college. The Chief guests of the event, Mr. Bhojaraj Vamanjoor and Mr. Shreyas Shetty were warmly welcomed by the lecturers and students. The fest started with a prayer song followed by a welcome dance by the students.

The theme of AGNATHON was based on "Jungle". There were various competitions organised such as: AGNOSTAR, QUIZZEE BEE BUZZ, AQUANATURA, SPRING GALA, MADHURIMA, KALEIDOSCOPE, FOREST FRENZ, JUNGLE JAMBOREE.

• AGNOSTAR, a competition for students where the participants had to go through 3 rounds and each round has its time limit. In this competition, the students were asked to display their talents .

In round 1 I was amazed by the students problem solving skills and their creative thinking. In round 2 I was amazed at how the students spoke on given topics with confidence. Their knowledge was outstanding and encouraging. In round 3 the participants were made to walk on the ramp

wearing "Jungle" themed outfit. Well I was surprised again they were creative, confident, prepared and displayed amazing performance.
Another such wonderful event was QUIZZEE BEE BUZZ- quiz.
In this event, 2 members made up one team. The quiz had 2 rounds and the questions asked were based on General knowledge, current affairs, History, Geography, Jungle, sports, music and movies.



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The students were very quick and enthusiastic while answering. I enjoyed the event very well and also got a lot of general knowledge. At the high school level, Sharadha Vidhlaya won the Overall championship and Mount Carmel Central School won the Runners up. At the PU level, Mount Carmel Central School won the Overall championship and St. Aloysius PU College won the Runners up. The programme was concluded by a hearty vote of thanks where the supportive audience cheered the amazing performance by the participants.

To summarise, the main goal of the event was to interact with different people and try to understand their ideologies which in turn adds spice to our experience. I personally learnt a lot through these various competitions. These amazing competitions taught me important social skills, such as sportsmanship, teamwork and communication. These competitions inspired me to do my best, to work hard and learn to work with others. We, as students learn how to work by coming out of comfort zones. AGNATHON provides us opportunities to enhance our socializing and communicating skills. It lends a platform to enrich and discover our leadership skills

We thank all the people who made AGNATHON a wonderful event, and everyone who played a great role in making this event possible. AGNATHON will always be cherished.

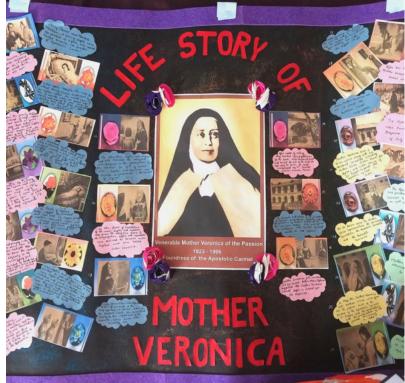


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MOTHER VERONICA MY INSPIRATION

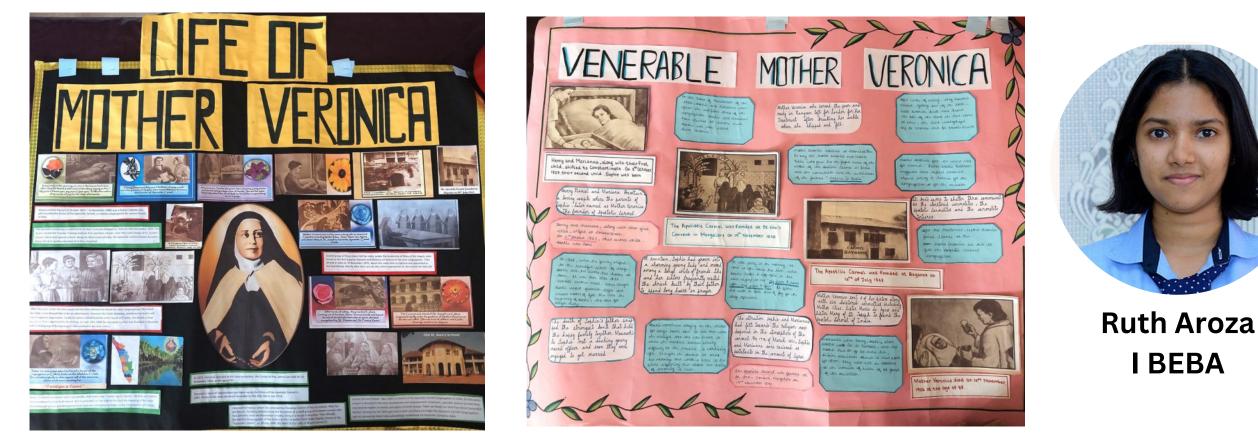
Mother Veronica, born as Sophie Leeves in 1823, was a remarkable woman whose life and legacy continue to inspire generations. Her unwavering commitment to education and social service left an indelible mark on society, and she remains a guiding light for many, including myself.



Mother Veronica's journey began in a small village in England, but her vision extended far beyond its borders. She joined the Congregation of the Sisters of St. Joseph of the Apparition in 1848, taking the name Mary Veronica. Her mission was clear: to bring education and compassion to the less fortunate. This mission led her to India, where her impact would be profound.

In India, Mother Veronica's dedication to education bore fruit as she established numerous schools, orphanages, and convents. Her belief in the transformative power of education was unwavering, and she worked tirelessly to ensure that girls, especially those from marginalized communities, had access to quality schooling. Her schools were not just places of learning but also safe havens where girls could escape the cycle of poverty and ignorance. What truly inspires me about Mother Veronica is her resilience in the face of adversity. She faced numerous challenges, including financial constraints, cultural differences, and even opposition from some quarters. Yet, she never wavered in her commitment to her calling. Her ability to overcome obstacles with grace and determination serves as a lesson in perseverance for us all.

Mother Veronica's compassion was another facet of her character that continues to touch my heart. She cared deeply for the marginalized and disadvantaged, offering not just education but also love and support. Her selflessness in the service of others is a shining example of what it means to live a life of purpose. Her legacy lives on through the Congregation of the Sisters of the Apostolic Carmel, which continues to work tirelessly in the fields of education, healthcare, and social service. The impact of her work is immeasurable, as countless lives have been transformed through her vision and dedication. In conclusion, Mother Veronica's life and work serve as a timeless source of inspiration for me and countless others. Her commitment to education, unwavering determination, and boundless compassion continue to shape the way we approach our own lives and the service of others. She is a testament to the difference one person can make when driven by a deep sense of purpose and love for humanity. Mother Veronica, my enduring inspiration, will forever be a beacon of light in a world that solely needs it.



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BIRTH ANNIVERSARY OF MOTHER VERONICA-SERVICE LEARNING

In honour of 200th Birth Anniversary of Venerable Mother Veronica service learning was organized from 9th of September for students at St Agnes Kannada Medium Primary school and Vidyajyothi Kannada Primary school. Around 15 students took part in this venture under the guidance of our teachers, it was from 9 am to 12.30 pm. Service learning is a particularly fertile way of involving young people in community service, because it tries helping others to what they are learning. For me as an individual, this activity was of new experience and new learning. Each student was given the responsibility of a particular class. We started our service learning with some introduction and games. Each student in the class introduced themselves. After that we started with basic Kannada teaching. Students were made to revise the letters of Kannada. It reminded me of my childhood days of learning. This type of service is invaluable. We were fully involved in genuinely helping others and recognizing the importance of education.

Many students were unaware of alphabet. We taught them with joyful learning, we did realize what a herculean task it was to teach children. Kudos to our teachers who are real angels to us in our college. It was full of fun and excitement with riddles, stories, puzzles and games. Even English and Kannada reading practice was given. We helped the students, specially those who feel difficult in reading. Beautiful and creative drawings were done. Action songs and rhymes were taught with great interest, singing connected with movement and action filled our hearts and mind with happiness. At last, students danced with the rhythmic steps for baila songs. Students there enjoyed a lot with us. We learnt many things for our life too. It was a teamwork which built self-discipline, confidence and team building values in us. It brought my childhood days back to mind which always remains as a great memory forever.....!



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Cultural Extra-vaganza

We celebrated Students Day on 22nd of September 2023. There had been a buzz among students for quite some days as they had been practicing for their upcoming performances. Needless to say, all of them absolutely killed it on stage. The day started with prayer sung by our wonderful teachers followed by students' amazing performances filled with enthusiasm and unique ideas that were executed perfectly. The special talent segment showcased immense talent on stage which included pop cultured dances, melodious singing and stand up comedies by students that had us howling with laughter. The lunch was provided by the college and was very delicious. The teachers' entertained us with jaw dropping performances. The crowd went crazy filling the hall with cheers and laughter. The skit was mind blowing, making us laugh our heads off. The acting and dances were phenomenal. We finally ended with mass dance and ice creams which was very thoughtful and sweet.

I'm thankful to all the teachers who made our day Love filled and memorable which we would carry on for the rest of our lives.









Fathimat Manha

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ELDERS' DAY

"Grandparents are family's greatest treasure, the founders of a loving legacy, the greatest storytellers and the keepers of traditions that linger on in cherished memory." Grandparents are the family's strong foundation. Their very special love sets them apart.

We, the students and teachers at St Agnes PU College celebrated 'Elders Day' on Monday, the 25th of September 2023. All of us were blessed and happy to have the presence of the students' grandparents as guests on this occasion. The program commenced by invoking God's blessings through a prayer song followed by a floral welcome to the grandparents as a sign of our love & gratitude.

The students conducted few games for the grandparents who participated with much enthusiasm. I loved to see how excited they were to play and also to talk to each other. The happiness on their faces said it all. The winners were awarded prizes. The Grandparents also participated in the dance and were so energetic; their smiling faces were worth watching. I felt contented to have a chance of being in their presence and to know what it feels like to have grandparents around you. The chief Guest addressed the gathering with her heartfelt words of gratitude and appreciation for the grandparents. The program ended with a vote of thanks. The love and care one gets from their grandparents can never be replaced and so we as the younger generation should always show them the same love, affection and respect. A little time spent with our grandparents is worth more than anything the world can offer us. So let us be good and grateful for them and make them happy always!











Vinisha Dsouza II CSBA



COMPETITIONS & EVENTS



"Paintastic" Painting Competition



"Chittara" Rangoli Competition





"Abhinaya" Mono-Acting Competition

"Quizotica" Quiz Competition



"Vaakchaturya" Kannada Debate Competition "Bhavalahari" Singing Competition

"Srujan" Hindi Creative Writting Competition

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Wrestling competition-St Agnes PU College bagged Overall Championship in girls' category



Shrika R Salian clinched Gold Medal in Kumite and Kata, in the 4th International Karate Championship held in Shimoga





Winners of "Chemergence", an intercollegiate event held at St Aloysius College Winners of "Dramatizers", Thearetical competition held in St Agnes College



Winners of "Electica", an intercollegiate fest held at NITTE Institute of Hospitality Service

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Onam Celebration

Cleanliness Drive









Library Week

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