



**ST AGNES PU COLLEGE**  
PATHWAY TO EXCELLENCE

# AGNOBEAT

*The Campus Pulse*

Issue: November 2025

Volume: 43

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## PRINCIPAL'S MESSAGE

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Respected Readers,

Warm Greetings from St Agnes PU College.

An institution thrives not merely through academic excellence, but through the values it upholds and the lives it touches. Over the past weeks, our campus witnessed a series of celebrations that beautifully acknowledged every section of society from



the young to the elderly, from the daughters of our land to the men who strengthen society with their dedication and compassion. Each occasion carried a meaningful message, leaving a deep and enduring impact on our hearts.

The month dedicated to Venerable Mother Veronica was one of reflection and spiritual renewal. Remembering the Foundress of the Apostolic Carmel inspired us to embrace her enduring values - faith in God, service to humanity, courage in adversity, and love that knows no boundaries. The activities conducted throughout the month deepened our sense of purpose and bolstered our commitment to our vision.

Each celebration was not just an event, but a lesson a reminder that a strong community is built when every member is valued and every identity is honoured. As we look back, we are filled with gratitude for the spirit of participation, the harmony we shared and the values that continue to bind us together.

May we continue to learn, celebrate, and grow as a family rooted in compassion, respect, and hope.



## SHE SHINES

“She dreams, she learns, she shines. Her education is her power, her voice, her right.”

Our college celebrated ‘**Girl Child Day**’ on the 25th of October with great enthusiasm and purpose. The event was organized to highlight the importance of empowering and educating the girl child, while also recognizing the remarkable progress made by women in various fields. The program beautifully captured the spirit of the day, inspiring students to reflect on the value of equality and education for all. We the students of II BSBA/BEBA and II CSBA presented a skit on girl education, which turned out to be one of the most impactful segments of the program. The skit portrayed the struggles faced by girls who are denied education and how learning transforms their lives. Alongside the skit, there was also a creative ramp presentation that illustrated the many roles women can take on from professionals to homemakers showcasing that a girl can achieve anything. Together, these performances powerfully conveyed the message that educating and empowering girls not only changes their lives but uplifts families and society. It served as a powerful reminder that educating a girl means empowering an entire family, and ultimately, the nation.

Chief Guest C.A. Nerissa Noronha shared her personal experiences of growing up in a home that believed in equality and spoke about how such values shaped her journey. Her words motivated us to stay dedicated, study hard, and strive to excel in life. She reminded us that success is not determined by gender but by determination and effort. Overall, the Girl Child Day celebration was an event that not only entertained us but also inspired us, reminding everyone of the importance of supporting and empowering every girl to achieve her dreams.



ARCHANA DEVADIGA  
II CSBA



## CULTURAL EXTRAVAGANZA

We celebrated **Students' Day 2025** with great enthusiasm, joy, and unity on 30 October. The day began on a serene and graceful note as the teachers led the gathering in a heartfelt prayer, setting a positive tone for the celebration ahead. Following the prayer, each batch took the stage to present dance performances based on the themes assigned to them. The students showcased remarkable creativity, teamwork, and confidence, turning the stage into a vibrant display of colour and rhythm. Their performances reflected not only their talent but also the dedication they had put into preparing for the day. After the group presentations, the stage was opened for students to display their individual talents. From energetic dances to melodious singing and expressive acts, each performance added charm to the programme. The audience was thoroughly entertained, and the atmosphere was filled with cheers and excitement. It was truly a wonderful display of the students' diverse abilities.

To make the day even more special, the college treated the students with a delicious lunch followed by ice cream, adding sweetness to an already memorable celebration.

In the afternoon, the teachers surprised the students with an excellent programme of their own. Their fun dances and lively songs brought smiles on every face and strengthened the bond between teachers and students. The enthusiasm and spirit of the teachers made the event even more delightful.

The celebration concluded with a grand mass dance, where both teachers and students came together on the dance floor. This joyful moment of unity and togetherness perfectly summed up the day's spirit.

Overall, Students' Day 2025 at Agnes College was a resounding success a beautiful collaboration of talent, teamwork, and celebration. It was a day filled with laughter, joy, and unforgettable memories, leaving every student with a heart full of gratitude and happiness.



Shalu Shaloni Ferrao  
I CEBA



**Students' Day** at St. Agnes College was honestly one of the most colourful and fun-filled days that I experienced on campus. The moment I walked in, I was amazed—every student was dressed in bright colour dress, and everyone looked so pretty and confident that it felt like the entire college had turned into a fashion runway. I even told my friend, “I think our college just became a festival!” and we couldn't stop enjoying.

One of my favourite parts of the day was watching our teachers perform on stage. I never expected them to dance with so much energy and excitement. Their performance was too good that all of us cheered at the top of our voices. I joked to my friend, “If our teachers ever quit teaching, they can totally join a dance team!” It was such a wholesome moment to see them

enjoying themselves as much as we did. The food we got that day was also really tasty. I loved to eat the lunch, and the ice cream made it even better. The queue for ice cream was so long, still we didn't mind because we were too busy laughing and teasing each other. Students also had the chance to showcase their talents throughout the event. Each class put together their own dance or drama performance, and every act brought something unique and fun to the stage. Some made us laugh like crazy, some impressed us with creativity, and some even made the teachers cheer loudly. One of the funniest and most surprising moments was when Sister Janet walked in dressed as a Japanese woman. She even greeted everyone with a cheerful “Konichiwa!” The entire hall burst into laughter—it was such an unexpected and adorable moment, and I'm sure everyone will remember it.

At the end of the day, we all gathered for a big mass dance. The music was loud, the energy was high, and no one held back. We all danced together—students, friends, and even few teachers tapping along. It felt like the perfect ending.



Mokshitha Manne  
II BEBA







## PRECIOUS ELDERS

Our college celebrated **Elders' Day**—also known as Grandparents' Day—on 31st October with warmth, gratitude, and an atmosphere filled with stories that spanned generations.

The program began with the beautiful and happy faces of grandparents. We were truly excited to meet all the grandparents present. As the program continued on stage, we saw them enjoying the dance performances, smiling with pride and joy. Their presence added a special charm to the entire event.

We also organized some fun games to boost their energy, and I'm sure they absolutely loved it. Everyone participated with youthful enthusiasm—proving once again that age is just a number. The laughter and friendly competition created unforgettable memories for all of us.

After the fun games, a short video clipping of students was presented to the grandparents. It was a deeply emotional part of the programme, as many felt touched by the love and admiration expressed through the videos. This moment beautifully highlighted the bond between students and their grandparents.

Finally, it was time to say goodbye. As the programme came to an end and the elders bid farewell, many expressed how cherished and respected they felt. As students, we were left with a renewed appreciation for the living libraries of wisdom that grandparents truly are. Celebrating them reminded us of the irreplaceable role they play in shaping our values, our traditions, and our lives.



Yuktha  
II CEBA



## ESTABLISHMENT DAY

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19th November marks the day of the establishment of the Apostolic Carmel, and this week 17 th to 22 nd November, we celebrated the life and extraordinary achievements of **Venerable Mother Veronica** at St Agnes PU College. Her remarkable journey continues to guide and uplift society, especially in the realm of women's education and empowerment. She believed deeply in nurturing confident, educated and courageous young women who could stand strong in faith and in life — a vision that still shapes countless students today.

The Holy Mass held in our Auditorium was a profound moment of spiritual enrichment. It helped us pause amidst our routine, connect deeply with God, and reflect on the values Mother Veronica embodied — simplicity, humility, and steadfast faith. The Mass set a contemplative tone for the entire week, inspiring us to grow spiritually and embrace purposeful living. Mother Veronica's teachings were also a significant part of the celebration. Her belief that true education must shape both the mind and the heart inspired us to not only excel academically but also grow as responsible, kind, and spiritually grounded individuals. Throughout the week, the campus resonated with active and enthusiastic participation from students. Morning prayers were filled with reflections on Mother Veronica's virtues, motivating each of us to carry her legacy in our everyday actions. Various creative competitions were organised to spread awareness about her impactful life. Students took part wholeheartedly in reel making, portrait painting and general quiz, Documentary screened on her life aimed at highlighting her mission and her inspiring contributions. These activities not only showcased the talents of the students but also enlightened their minds about Mother Veronica's commitment to her mission. The week-long celebration also included an open-air assembly featuring a beautiful dance tribute that symbolised her unwavering faith and dedication. The vibrant performances brought the entire campus together in unity, gratitude, and inspiration. This meaningful week enriched us spiritually and creatively, reminding us of Mother Veronica's extraordinary legacy and encouraging each of us to carry forward her mission and teachings in our lives.





Celestia Veevan Fernandes  
II PCMB C



To celebrate Mother Veronica, who till this day, serves as a symbol of compassion and selfless care, St Agnes PU College celebrated

**Mother Veronica Week.** This week was commemorated with a series of events that served as a reminder of Mother Veronica's life and her positive influence. The daily morning prayer enlightened our minds by saying highlights of her life and hymns to Mother Veronica by the students. Along with this, we were shown a movie 'Strange Destiny' which was an autobiography of Mother Veronica. It showed us her journey from being a young girl, to a pioneer in women's education in India. Through this, we got a better understanding of the trials that Mother Veronica faced in her life, and how she overcame them with her unwavering faith in God. This week was also filled with competitions such as reel making, making a portrait of Mother Veronica, and a quiz on her life, and we also participated in a holy mass in honour of Mother Veronica. Outreach programmes were organised, wherein I PU Science classes went to St Agnes Vocational Training Centre to help in Wreath/Star making, book binding etc. This experience made us open our hearts more and reciprocate the selfless love and care that Mother Veronica had given to this world. Inspired by the prayers of Mother Veronica, there was a box left at the portrait of Mother Veronica in the lobby for students to write and drop their intentions anonymously and we prayed for them.

On November 19, we celebrated the 155th Establishment Day of the Apostolic Carmel in India. An open-air assembly took place with a dance dedicated to Mother Veronica, and a student dressed up as Mother Veronica, which made us feel the genuine presence of Mother Veronica in our lives. This week was full of activities and morals that we learnt from Mother Veronica.



Zarah Zulfikar  
I PCMB A



## JUVENIUM 2K25

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Juvenium 2k25, with the theme **‘Echoes of Hope’** conducted by The Apostolic Carmel, Karnataka Province on 31<sup>st</sup> October at Mother Mary Aloysia Centenary Auditorium turned out to be one of the most meaningful youth events I’ve been part of. From the moment it began, the whole programme kept reminding us that faith is really about our relationship with God and with each other. The resource persons Fr Peter CSS and team spoke about our ‘Calling’ in a simple but impactful way. As a part of inauguration Venerable Mother Veronica arrived passing on the light to various students to be offered at the crucifix. We also had a session with Ms Maria Francis – Digital Missionary, which was honestly inspiring. She has created apps and digital tools to help students stay connected to God in their everyday routine. She introduced us to many helpful resources – Prayer apps, reflection tools and ways to grow spiritually, even through our phones. It was eye-opening to see how technology can be used to bring us closer to God. Instead of distancing us from truth. They made us meet new people through fun games with more than 500 students from different schools and colleges of Apostolic Carmel Institutions. It felt lively and full of energy. The action songs were another highlight, they were so much of fun and made everyone feel united. The cultural programmes of the day themed ‘Hope’ motivated us deeply. But the most moving moment was the Adoration of the Blessed Sacrament. The atmosphere completely changes, everything became calm, peaceful and deeply emotional. The room was filled with quiet music, soft lights and sense of God’s presence that one could feel. Each of us received a small polished pebble representing our burdens. We wrote our names on it prayed for our intentions and placed it under the cross that moment felt really personal and emotional as we were quietly offering our worries to God. And of course, the snacks and food was amazing, which made the whole day even happier. Overall, Juvenium 2k25 felt like more than just an event it was peaceful, joyful and spiritually refreshing one. I walked forward feeling lighter, more connected and grateful for everything, and everyone I met.



We are ever grateful to the Apostolic Carmel Institution headed by Sr Maria Naveena and team, the Counsellor for Formation Sr Rosevera and team, Sr Norine and her team and the whole organizing committee for such a God experience 'Youth Programme'.



Christina  
II SEBA



## ಭಾಷೆ ಅಂದರೆ ಬದುಕು - ಬದುಕು ಅಂದರೆ ಕನ್ನಡ

ಭಾಷೆ ಎಂದರೆ ಕೇವಲ ಮಾರಿನ ಸಾಧನವಲ್ಲ, ಅದು ಒಂದು ಸಮಾಜದ ಸಂಸ್ಕೃತಿ, ಪರಂಪರೆ ಬದುಕಿನ ತಳಹದಿಯ ಪ್ರತಿಬಿಂಬ, ನಮ್ಮ ಕರ್ನಾಟಕದ ಸಂಸ್ಕೃತಿಯನ್ನು ನಿಭಾಯಿಸುತ್ತಾ, ನವ್ಯತೆಯ ಹಾದಿಯಲ್ಲಿ ಸಾಗಿಸುತ್ತಿರುವ ಭಾಷೆ ಕನ್ನಡ.

ದೇಶದಲ್ಲಿ ಅತ್ಯಂತ ಪ್ರಾಚೀನ ಭಾಷೆಗಳಲ್ಲೊಂದು, ಹತ್ತು ಶತಮಾನಗಳಿಂದಲೂ ಸಾಹಿತ್ಯಸಂಪನ್ನ, ಜನಪದಸಮೃದ್ಧ, ಭಾವಪೂರ್ಣ ಇತಿಹಾಸವನ್ನು ಹೊತ್ತಿರುವ ಭಾಷೆ. ಪ್ರತಿವರ್ಷ ನವೆಂಬರ್ 1ರಂದು ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವದೊಂದಿಗೆ ಕನ್ನಡ ದಿನ ಆಚರಣೆ ನಮ್ಮ ನಾಡಿನ ಗುರುತನ್ನು ಪುನರುಚ್ಚರಿಸುವ ಘಟ್ಟ. ಕನ್ನಡ ದಿನದಂದು ವೇದಿಕೆಯ ಮೇಲೆ ಆಗಿ ನನ್ನ ಅನುಭವ ಬಹಳ ಚೆನ್ನಾಗಿತ್ತು. ಆ ಕ್ಷಣ ನನ್ನ ಜೀವನದಲ್ಲಿ ಮರೆಯಲಾಗದ ಒಂದು ಹೊಳೆತೆಯಂತಾಯಿತು. ಸಾಮಾನ್ಯವಾಗಿ ವೇದಿಕೆ ಎನ್ನುವುದು ಕೇವಲ ಕಾರ್ಯಕ್ರಮ ನಡೆಸುವ ಸ್ಥಳ; ಆದರೆ ಆ ದಿನ ನನಗೆ ಅದು ನಾಡಿನ ಮುಂದೆ ನಿಂತ ಒಂದು ಜವಾಬ್ದಾರಿ ಅನ್ನಿಸಿತು. ಮೈಕ್ ಹಿಡಿದ ಕ್ಷಣದಲ್ಲೇ ನಾನು ನುಡಿಯುತ್ತಿದ್ದ ಪ್ರತಿಯೊಂದು ಪದವೂ ಕನ್ನಡದ ಪರಿಮಳ ಹೊತ್ತು ತರುತ್ತಿದೆ ಅನ್ನಿಸಿತು. ವೇದಿಕೆಯ ಮೇಲೆ ಕೆಂಪು-ಹಳದಿ ಬಣ್ಣದ ಧ್ವಜಗಳು, ಎಲ್ಲಾ ಶಿಕ್ಷಕಿಯರೂ ತೊಟ್ಟಿದ್ದ ಸೀರೆಗಳು ನೋಡಿ ನನಗೆ ಸಂತಸವಾಯಿತು. ಇದು ನನಗೆ ಯಾವುದೋ ಸಣ್ಣ ಕೆಲಸವಲ್ಲ ಅದು ನನ್ನ ಭಾಷೆಯ ಮುಂದೆ, ನನ್ನ ನಾಡಿನ ಸಂಸ್ಕೃತಿಯ ಮುಂದೆ, ನನ್ನ ಗುರುಗಳ ಮುಂದೆ ನಿಲ್ಲುವ ಗೌರವ ಮನದೊಳಗೆ ಸ್ವಲ್ಪ ನಡುಕ, ಆದರೆ ಅದಕ್ಕಿಂತ ಹೆಚ್ಚಾಗಿ ಉತ್ಸಾಹ. ಆ ದಿನ ನನಗೆ ಒಂದು ಜವಾಬ್ದಾರಿ, ಒಂದು ವಿಶ್ವಾಸ, ಒಂದು ಗೌರವ. ಅಲ್ಲಿ ನಡೆದ ಪ್ರದರ್ಶನಗಳೆಲ್ಲವೂ ಒಂದು ಹೂವಿನಸಮೂಹ ನಾವು ಅವುಗಳನ್ನು ಜೋಡಿಸುವ ನೂಲು. ನಾನು ನುಡಿಯುತ್ತಿದ್ದ ವಾಕ್ಯಗಳು ಕೇವಲ ವಾಕ್ಯಗಳೇ ಅಲ್ಲ ಅವು ಕನ್ನಡ ಸಂಸ್ಕೃತಿಯ ಬಣ್ಣಗಳನ್ನು ವೇದಿಕೆಗೆ ಸೇರಿಸುವ ಹೂಗಳಂತಾಗಿದ್ದವು. ಕನ್ನಡ ದಿನದ ಆಗಿದ್ದು ನನ್ನ ಬದುಕಿನ ಅತ್ಯಂತ ಮೌಲ್ಯಯುತ ಅನುಭವಗಳಲ್ಲಿ ಒಂದು. ಆ ದಿನ ನಾನು ಕೇವಲ ಭಾಷೆಯನ್ನು ಮಾತನಾಡಲಿಲ್ಲ ಕನ್ನಡವನ್ನು ಬದುಕಿದೆ. ಕನ್ನಡ ಭಾಷೆಯ ಪ್ರಾರಂಭವನ್ನು ಶಿಲಾಶಾಸನಗಳು, ಲಿಪಿಗಳು, ಸಾಹಿತ್ಯಗಳು ಸಾಬೀತುಪಡಿಸುತ್ತವೆ. ಕ್ರಿ.ಶ 450ರ ಸುಮಾರಿಗೆ ಕಂಡುಬರುವ ಹಲ್ಮಡಿ ಶಾಸನ ಕನ್ನಡ ಭಾಷೆಯ ಪ್ರಾಚೀನತೆಯನ್ನು ಸಾರುತ್ತದೆ. ಬೃಹತ್ ಕಥೆ, ಗಾದೆಗಳ ಸಾಹಿತ್ಯ ಜನಪದ ಗೀತೆಗಳು ಇವು ಸಾವಿರಾರು ವರ್ಷಗಳ ಕಥೆಗಳ ತೊಟ್ಟಿಲು. ಆದಿ ಕವಿ ಪಂಪ, ರನ್ನ, ಪೊನ್ನರಿಂದ ಹಿಡಿದು ಕುಮಾರವ್ಯಾಸ, ಕುವೆಂಪು, ಚನ್ನವೀರ ಕಣವಿ, ದ.ರಾ ಬೇಂದ್ರೆ ಇವರು ಎಲ್ಲರೂ ಕನ್ನಡಕ್ಕೆ ಶಾಶ್ವತ ಬೆಳಕು ನೀಡಿದ್ದಾರೆ. ಕನ್ನಡದ ಏಳು ರೂಪಗಳು. ಭಾಷೆಯ ಸೌಂದರ್ಯ. ಕನ್ನಡ ಕೇವಲ ಪುಸ್ತಕದ ಭಾಷೆ ಅಲ್ಲ. ಅದು ಜನಪದ, ಮಾತುಕತೆ, ಶೈಲಿಗಳು, ನುಡಿಗಟ್ಟು, ಹಾಸ್ಯ, ದಾರ್ಶನಿಕತೆ ಎಲ್ಲವನ್ನೂ ಒಳಗೊಂಡಿರುವ ದೊಡ್ಡ ಜಗತ್ತು. 12ನೇ ಶತಮಾನದಲ್ಲಿ ನಡೆದ ವಚನ ಚಳುವಳಿ ಸಮಾಜದ ಸಮಾನತೆ, ಮನವೀಯತೆ, ಧರ್ಮ ಮತ್ತು ನೀತಿಯ ನೂತನ ಅಧ್ಯಾಯ. ಕನ್ನಡ ದಿನ ಎನ್ನುವುದು ನಮ್ಮ ನಾಡಿನ ಪರಂಪರೆ, ಸಂಸ್ಕೃತಿ ಮತ್ತು ಭಾಷೆಯ ಸೌಂದರ್ಯವನ್ನು ಸಂಭ್ರಮಿಸುವ ವಿಶೇಷ ದಿನ. ಇದು ಕನ್ನಡಿಗರ ಒಗ್ಗಟ್ಟು, ಗರ್ವ ಮತ್ತು ಆತ್ಮೀಯತೆಯನ್ನು ವ್ಯಕ್ತಪಡಿಸುವ ದಿನ. ನಮ್ಮ ಭಾಷೆ, ನಮ್ಮ ಮಣ್ಣು ಮತ್ತು ನಮ್ಮ ಸಂಸ್ಕೃತಿ ಎಷ್ಟು ಶ್ರೀಮಂತವೋ ಎನ್ನುವುದನ್ನು ಜಗತ್ತಿಗೆ ತೋರಿಸುವ ಅವಕಾಶವೂ ಹೌದು. ಕನ್ನಡ ಭಾಷೆಗೆ 2000 ವರ್ಷಗಳಿಗಿಂತ ಹೆಚ್ಚು ಹಳೆಯ ಇತಿಹಾಸವಿದೆ. ಕವಿರಾಜಮಾರ್ಗ, ಶಿಲಾಶಾಸನಗಳು ಹೊಯ್ಸಳರ ಕಾಲದ ಹಳೆ ಗ್ರಂಥಗಳು ಕನ್ನಡದ ಶಕ್ತಿ ಮತ್ತು ಸಾಹಿತ್ಯ ಪರಂಪರೆಯ ಸಾಕ್ಷಿಗಳಾಗಿವೆ ಪಂಪ, ರನ್ನ, ಜನ್ನ, ಬಸವಣ್ಣ, ಕುಮಾರವ್ಯಾಸರು, ಶಿಷ್ಣು ಶೈಲಿಗಳು, ವಚನಪರಂಪರೆ ಕನ್ನಡ ಸಾಹಿತ್ಯದ ಆಭರಣಗಳು. ಇವೆಲ್ಲವೂ ಇಷ್ಟೊಂದು ಮಹತ್ವದ ಪರಂಪರೆಯನ್ನು ಹೊತ್ತಿರುವ ಭಾಷೆಯನ್ನು ಗೌರವಿಸುವುದು ನಮ್ಮ ಹೊಣೆಗಾರಿಕೆ. ಕನ್ನಡದ ದಿನ ನಮಗೆ ಒಂದು ಪ್ರಮುಖ ಸಂದೇಶ ಕೊಡುತ್ತದೆ. "ಭಾಷೆ ನಮ್ಮ ಗುರುತು" ಯಾವುದೇ ದೇಶ, ಯಾವ ಸಂಸ್ಕೃತಿ, ಯಾವ ಕಾಲ ಭಾಷೆಯನ್ನೇ ಮನುಷ್ಯನ ಮೂಲವೆಂದು ಪರಿಗಣಿಸುತ್ತದೆ. ಆದ್ದರಿಂದ ಕನ್ನಡ ಭಾಷೆಯನ್ನು ಕಾಪಾಡಿಕೊಳ್ಳುವುದೇ ಆಗಿದೆ. ಕನ್ನಡ ದಿನ ನಮ್ಮೆಲ್ಲರನ್ನು ಒಂದೇ ಬಣ್ಣದಲ್ಲಿ ನಿಲ್ಲಿಸುತ್ತದೆ ಕೆಂಪು ಮತ್ತು ಹಳದಿ. ಈ ದಿನ ನಾವೆಲ್ಲರೂ ಕನ್ನಡವನ್ನು ಹೆಮ್ಮೆ ಪಟ್ಟು ಮಾತನಾಡೋಣ, ಅದರ ಸೌಂದರ್ಯವನ್ನು ಆಚರಿಸೋಣ ಮತ್ತು ಮುಂದಿನ ಪೀಳಿಗೆಗಾಗಿ ಅದರ ಮೌಲ್ಯವನ್ನು ತಿಳಿಸೋಣ.

ಕನ್ನಡ ನನಗೆ ಕೇವಲ ಭಾಷೆಯಲ್ಲ; ಅದು ನಮ್ಮ ಹೆಮ್ಮೆ, ನಮ್ಮ ಗರ್ವ, ನಮ್ಮ ಸ್ವಸ್ಥಂದನೆ.





ಅನುಶ್ರೀ ಎನ್  
ದ್ವಿತೀಯ ಪಿಸಿಎಂಬಿ 'ಎ'



## COLLEGE DAY

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The annual College Day celebration at St. Agnes PU College, Mangalore was a vibrant and memorable occasion that highlighted the spirit, talent, and unity of the institution. The programme began on an impressive note as the college band marched in perfect rhythm, leading the Flag of Honour to welcome the distinguished chief guest, Wing Commander Preet D'Souza from the Air Force Academy, Hyderabad. Her presence added great pride and inspiration to the gathering. She motivated us to pursue our dreams and achieve great things in life.

After the ceremonial welcome, the atmosphere turned serene with a soulful prayer song, seeking blessings for the success of the event. Following this, the dignitaries took the stage to distribute certificates to the merit achievers of the college, acknowledging and celebrating the hard work and accomplishments of outstanding students.

The celebration continued with a graceful welcome dance, performed to greet the audience and set a cheerful tone for the rest of the programme. The college choir, accompanied by the music band, presented melodious pieces that filled the minds with harmony and enthusiasm.

A major highlight of the event was the dance drama on the theme **'HOPE FOR HUMANITY - LIGHT BEYOND THE SHADOWS'**. Each performance displayed a unique blend of creativity, rhythm, and expression, flickered the resilient flame of human hope, promising a brighter dawn beyond the present gloom. From classical elegance to energetic contemporary styles, the dances captivated the audience with their vibrant costumes, synchronized movements, and heartfelt dedication. The performers' enthusiasm and confidence reflected their months of preparation and teamwork, making this segment one of the most engaging parts of the programme. The event concluded on a note of gratitude with the college anthem, sung by the entire gathering with pride and unity. The College Day celebration beautifully reflected the values, culture, and vibrant spirit of St. Agnes PU College, leaving lasting memories for everyone who attended.



Fathima Malikah  
II PCBH







## SPECTRUM

Physics department of our college conducted an engaging and interactive **club activity** that brought the entire class together in groups of eight. Each member actively contributed, making the session both collaborative and enriching. The activity was thoughtfully designed with a variety of physics related games that not only tested our knowledge but also encouraged us to think creatively.

One of the highlights was solving jumbled words based on physics terminology, which pushed us to recall concepts quickly and accurately. We also played an exciting round of “Who Am I?” where we guessed the names of famous physicists using clues related to their discoveries. Another enjoyable component was the physics crossword puzzle, which challenged our understanding of key terms in a fun and relaxed way.

Additionally, an image based game required us to identify physics concepts from visual hints, making us connect theory with real world applications. The session ended on a lively note with a round of Physics Bingo, hosted by our subject teacher, which brought a lot of laughter and enthusiasm into the room.

Overall, this club activity was an incredibly fun and memorable experience. Activities like these not only strengthen our understanding of the subject but also make learning more enjoyable and engaging. They spark curiosity, teamwork, and excitement reminding us that physics is not just a subject to study, but a field to explore and experience.



Ashvini  
I PCMC



# MEN'S DAY CELEBRATION





# PROUD CHAMPS AT INTERCOLLEGIATE COMPETITIONS



Srishti & Shamitha Sunil Rao won **Best Parliamentarian Award** in the District Level Youth Parliament Competition 2k25.

Overall Championship at **French Fest.**



Overall Championship at **Preunique.**



Overall Championship at **PACE CONNECT.**



## Winners at **Jnana Sethu** Fest.



### **I Place in Model Making**

Ozwald Amin  
Mohith Naik  
Pranamy Salian  
Shreyaswi

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### **III Place in Model Making**

Chris D'Souza  
Parubee Kempurai  
Aslesh Shetty  
Abhijeet

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### **I Place in Load Up Competition**

Vaibhav Acharya  
Mohith Naik

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### **II Place in Contraption Competition**

Ayisha Athika  
Shiza Fathima